

DAVID FREDERKING CRSS, MHP

CERTIFIED RECOVERY SUPPORT SPECIALIST

CONTACT

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PROFILE

Certified Recovery Support Specialist based in Rockford, IL. I have attained training from College of DuPage, receiving a certificate in Recovery Support in 2024 and a CRSS credential in 2025.

SKILLS

- Mentoring
- Lived Experience
- Communication
- Public Speaking
- Group Facilitation

WORK

Peer Specialist (Rosecrance Behavioral Health)

Jan 2025-Feb 2026

Working within the Outpatient Interim Services team at Rosecrance. Providing peer support services including one-to-one support, mentoring, and case management. All age groups served.

MEMBERSHIPS

- Copeland Center
- NAMI Metro-Suburban
- NAMI (National)
- Association for Peer Support
- NAADAC

CRSS Intern (NAMI Metro Suburban)

Summer-Fall 2024

Worked within their Drop-In center in Oak Park, IL. Learned skills in mentoring, one-to-one support, and group facilitation.

Recovery Support Specialist Student

2023-2024

College of DuPage

EDUCATION

Ithaca College

2006-2010

Sociology

Columbia College,

Chicago

2011-2013

B.A. Theatre Arts

College of DuPage

2023-2024

RSS Certificate